

Show Guide



This guide will prepare you for the show *Zephyr*.
It will help you understand the characters, the story and what to expect at the theater.

If I get nervous or feel scared, I can:

Cover or close my eyes.



Talk to my grown-up.



Cover my ears with my hands or put on headphones.



Use a fidget tool.



The show you will see at the New Victory Theater is called *Zephyr*. The show is about an hour and a half long. It has an intermission in the middle, which is a break for the entire audience.



Photo: Paris Photographics

Zephyr is performed by a company of circus artists called Cirque Mechanics. The artists perform circus tricks like juggling, tumbling, dancing, and clowning.



Photo: Paris Photographics

The performers take turns doing different acts. Sometimes there is one performer in an act, sometimes a pair, and sometimes a group. You can tell that a new act is starting because the performers, lights, and equipment change.

This company is called Cirque Mechanics because they also build specific machines and equipment for their shows. For example, in this show you will see a big windmill in the center of the stage.



The word “zephyr” is Greek and means gentle breeze. The show doesn’t have a specific story. Instead, the show has a theme. The theme of the show is all about wind, its power, and people’s relationship to wind.

The show begins by introducing all of the characters who are dressed as townspeople in a village. Music plays and the characters enter the stage.



In this opening act you will see flipping, people upside down, balancing, and stretching their bodies.



Then a performer does a clowning act. They do silly things while trying to cook using a spoon and to balance bowls on a tilted shelf.



In the next act, some performers help operate the windmill, which turns around. While they do this, another performer hangs by a rope tied to their ponytail and stretches their body and spins in the air. When a performer spins in the air, it is called an aerial trick.

Photo: Paris Photographics

Then, you will see circus artists balance, stretch, and do tricks on top of another performer who is riding a bicycle.



Photos: Paris Photographics

After this, a performer juggles many hats high in the air to very fast circus music, and a contortionist stretches their body in very flexible ways around a box.



Photo: Paris Photographics

The performers bring out a tall pole which they balance to stand up straight. Then, a very strong performer holds up another performer. They balance on each other and the pole!

Suddenly, the arms of the windmill begin to break and then the lights turn out. This means that it is the end of the first half of the show. All audience members can take a break.



The second part begins by one of the performers doing tricks with mini windmills that fly around the air and make fast circles.

Then, performers come out and set up rings which tumblers jump and flip through! The juggler returns but this time uses juggling clubs. Another performer follows this act with juggling sticks.



Photos: Paris Photographics

Next, a performer dances and balances spinning umbrellas on their body!

Finally, a performer climbs into the windmill and spins around doing tricks inside a circular part of the equipment. They even do a trick with a jump rope while balancing on top of moving equipment!



Photo: Paris Photographics

The rest of the circus performers join onstage and do small tricks while they bow. The audience will applaud and you can clap and cheer for the performers.

This show is full of energy, movement, talents and tricks! You will see performers who have amazing skills, flexibility, and strength. The performers spend a lot of time practicing and you should not try any of the tricks that you see in the show.



Photos: Paris Photographics



We hope you enjoy the show. Thank you for coming.
We hope to see you back at the New Victory Theater soon!

The next and final show for the season is *Wink*
and the Sensory Friendly show date is May 5.

